

**PROPAPA MISSIONS AMERICA
BRIGADE VOLUNTEER UPDATES
Current Travel Instructions**

I. Baggage Allowed

- A. Present at your airline check-in counter, no less than 2 hours in advance of departure. Each person is to present their ticket, passport, and luggage individually to the counter attendant.
- B. One personal suitcase, checked
1. Sturdy (may be abused in handling). Equal to or less than 62 linear inches, measured L x W x H.
 2. No more than 50 lbs.
 3. Personal luggage tag; plus Brigade Tag identifying piece number and Team color provided by PPMA.
 4. The \$100 charge if oversized &/or overweight will be paid by the owner, not PPMA or MWSU.
- C. One Brigade Bin, checked
1. Eighteen gallon Rubbermaid with snap on lid. Same dimension and weight limits. Each volunteer will have one bin throughout the trip.
 2. Will have tape ID of bin number and redundant Brigade Tag. Two holes drilled in each corner.
 3. After check in at the airline counter, check through pieces taken to the TSA. Bins remain easily opened for inspection. After TSA approval, each bin will be closed with 4 plastic ties by a MWSU preceptor stationed at the TSA station. The preceptor will have a roll of packing tape on their person for backup.
 4. No content manifest is required. Meds, supplies, and instruments can be mixed in each bin. Some meds will require TSA chemical swiping.
- D. Carry On Luggage
1. The carry on, small duffel, gym bag, or roller bag must meet airline requirements; 45 inches L x W x H, and 40 lb. weight limit.
 2. It should have one day emergency set of scrubs, underwear and minimal toiletries. Preferably no sharps or liquids. You may be asked to share the bag with Brigade needs.
 3. Dentists may pack instruments as carry on. No instrument can be more than 7 inches in length and should be readily viewable. Put all scalpels in a bin. Inform the TSA supervisor of the contents.
- E. Personal Bag
1. Each person is also allowed a personal satchel, day bag, or small backpack.

2. This is personal preference. Such bags are just one more item to keep track of in the hurried field environment.
3. If such a daily bag is desired, a fanny pack is recommended.

F. Passport Pouch

1. You must take full responsibility for your plane ticket, passport, money and credit card.
2. What is recommended is a neck pouch, ankle safe, money belt, or fanny pack.
3. Keep your passport available in flight. You will be asked for your passport number in flight.

II. Other Departure Detail

- A. Malaria Monday; take your malaria pill the Monday before departure with some food.
- B. Take your daily mild antibiotic the day of departure.
- C. Take your last mild antibiotic the day after return.
- D. Take your anti-parasitic two days after your return.
- E. Monetary conversions; 1 U.S. dollar equals 18.9 Lempira. If you wish the exact conversion rate on the day of departure, go online to www.ConvertIt.com.
- F. Honduras charges \$33 U.S. to leave the country. Have this in your possession at the airport for departure. Exact change is best.